



# The Asian Dermatological Nursing Group Meeting

## Advance Dermatology Nursing: Bridging Knowledge and Care

Saturday, 27 June 2026

8.00 AM - 1.00 PM

National Skin Centre

3rd Floor Chan Heng Leong Lecture Hall

1 Mandalay Road Singapore 308205



Scan to register

### Programme

08:15 AM Registration

08:45 AM Welcome Address

Chair of TADNG, Ms. Brenda Lim and Grace by Guest of Honour, Ms. Shirley Heng, Group Chief Nurse. NHG Health

08:55 AM Establishing A Viable Research Ecosystem In Dermatology : Our 10 Years Journey.  
Prof. Steven Thng, Senior Consultant and Deputy Director of National Skin Centre

09:35 AM Innovative Compounding For Dermatology Patients  
Ms. Connie Leong , Senior Pharmacist, National Skin Centre

10:10 AM Light Refreshment and Visiting Booths

10:40 AM Managing Severe and Refractory Eczema and TEN: When to Escalate and Treatment Options  
Ms. Lim Chay Mien, Nurse Clinician, Singapore General Hospital & Ms. Wang Yu Yan, Nurse Clinician (APN), National Skin Centre

[Recorded Lecture] Competency Framework and Advanced Practice in Dermatology Nursing  
Ms. Lisa McGovern, President, British Dermatological Nursing Group (BDNG)

Lunch and Networking

12.10 AM End of Program

1.00 PM

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Guest of Honour  
Ms Shirley Heng  
Group Chief Nurse NHG Health

Chief Nurse  
Khoo Teck Puat Hospital & Yishun  
Community Hospital



Prof Steven Thng  
Senior Consultant &  
Deputy Director  
National Skin Centre

Establishing A Viable  
Research Ecosystem In  
Dermatology. Our 10  
Years Journey.



Ms Connie Leong  
Senior Pharmacist  
National Skin Centre

Innovative Compounding  
For Dermatology Patients



Ms Lisa McGovern  
President  
British Dermatological  
Nursing Group (BDNG)

Competency Framework  
and Advanced Practice in  
Dermatology Nursing



Ms Brenda Lim  
Chair  
The Asian Dermatological  
Nursing Group and ASPAN  
Organising Committee



Ms Lim Chay Mien  
Nurse Clinician  
Singapore General Hospital

Managing Severe and Refractory Eczema and  
TEN: When to Escalate and Treatment Options



Ms Wang Yu Yan  
Nurse Clinician (APN)  
National Skin Centre



Mr Ryan Chua  
Moderator  
Chair  
SNA-Dermatology  
Nurses' Chapter

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# Forum for Injection Technique and Therapy Expert Recommendation (FITTER): An Update on Best Practice

Saturday, 27 June 2026  
 2.00 PM - 5.00 PM  
 National Skin Centre  
 3rd Floor Chan Heng Leong Lecture Hall  
 1 Mandalay Road Singapore 308205



We are delighted to invite healthcare professionals to attend our comprehensive workshop on the updated Forum for Injection Technique and Therapy Expert Recommendations (FITTER). This hands-on workshop has been thoroughly revised to strengthen healthcare professionals' clinical competency in injection techniques, integrating the most current evidence-based guidelines and industry best practices. As frontline healthcare professionals, your expertise in ensuring safe and effective medication delivery is fundamental to patient care, and this session will equip you with the latest protocols and proven methodologies that you can immediately implement in your clinical practice. The ASPAN Master Program workshop will address critical areas including optimal site selection, systematic rotation techniques, advanced device handling procedures, and comprehensive patient education strategies. Participants will develop enhanced skills in preventing injection-related complications whilst maximising therapeutic outcomes for their patients.

**Programme**

- 1.15 PM Registration & Lunch
- 2:00 PM Essential Update of New Standards in Insulin Safety  
 MsChanYokeLing , President, Association of Diabetes Educators Singapore (ADES)
- 2:30 PM Fear to Confidence: Mastering Building Confidence and Comfort in Self –injection  
 MsJoan Rouen, Behavioural Therapist
- 3:30 PM Break
- 3:50 PM Learning Stations  
 Station 1: Safe Needle Length  
 Station 2: Managing Lipohypertrophy  
 Station 3 : Ultrasound on Skin Thickness  
 Station 4: Injection Technique (Summary)



Participants completed all learning stations will receive the new edition of FITTER Booklet!

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